The Northeast Dristrict of the CPTA presnts .....

RESULTS PHYSICAL THERAPY AND TRAINING CENTER

Treating The Athletic Shoulder

MARCH 9TH 2019

AGENDA

AM SESSION	
7:30-8:00	Check-in, Breakfast
8:00-900	Current Surgical Techniques
9:20-9:40	Shoulder Biomechanics
9:45-10:00	Break
10:00-10:30	The Throwing Shoulder
10:30-11:00	The Contact Sport Shoulder
11:00-11:30	The Cross-Fit Shoulder
11:30-11:45	Shoulder Functional Testing
11:45-12:00	Q and A
12:00-1:00	LUNCH (provided by Results)
PM SESSION	
1:00-1:30	Guest Athlete Q and A
1:30-2:05	Hands On Lab Rotations Throwing Progressions Shoulder PNF Cross-Fit Progressions Rotational Power
2:05-2:40	Second Rotation
2:40-3:00	Break
3:00-3:35	Third Rotation
3:35-4:10	Fourth Rotation
4:15-5:00	Final thoughts, Q & A, course evaluations

Featured Speakers

KEN AKIZUKI, MD
Team Physician
San Francisco
Giants

RAFAEL ESCAMILLA PhD
Professor of
Biomechanics,
Sacramento
State University

KYLE YAMASHIRO DPT
Owner Results Physical
Therapy

Additional speakers include Adrew Bagdassrian DPT, XPS , Chris Wolfinger DPT, ATC,CF-L1

Attendees will gain an understanding and implementation of advanced physical therapy concepts for the athletic shoulder including: differential diagnosis, current surgical techniques, rehabilitation, sport specific pathology and dysfunctions, PNF techniques and throwing analysis. There will be a 15 attendees per 1 instructor ratio.

COST:
CPTA Members $150
CPTA Non-Members $240
PTA Members $110
PTA Non-Members $176
Students $110

REGISTER:
Northeast-CPTA.org
Or contact Bill Workman
billworkmandpt@gmail.com

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